

SAHYOG

**Our Dedicated Mentorship Program
For UPSC CSE 2025 & 26**

सहयोग

1 For Whom the Program is Designed

This program is tailored for self-study candidates who:

- Have completed the syllabus or plan to complete it independently.
- Cannot join formal foundation coaching due to:
 - Time constraints
 - Location limitations
 - Financial constraints



Common Challenges Faced by These Candidates:

Challenge	Description
Maintaining Consistency	Struggling with regular, disciplined study routines
Concise Note-Making	Difficulty in creating brief, effective notes
Answer Writing Practice & Feedback	Limited opportunity for structured practice and feedback
Concept Clarity	Lack of in-depth understanding of key concepts
Understanding Syllabus Weightage	Unclear on topic importance and prioritization
Structuring Schedule	Difficulty in organizing and planning a study schedule

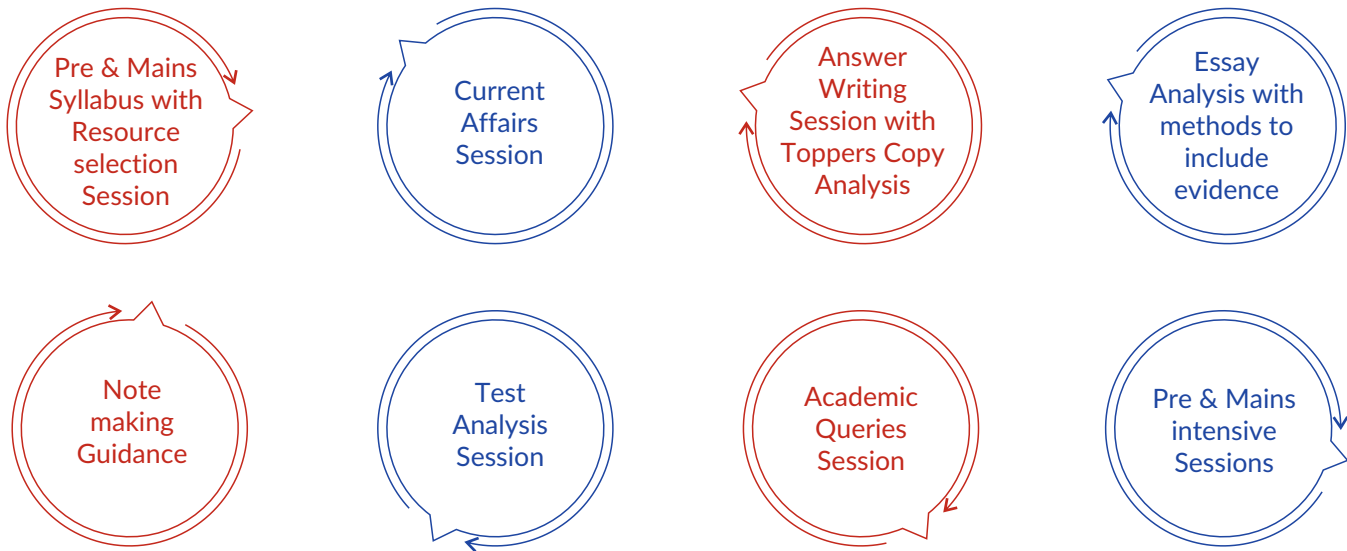
2 Program Features

- 1 Understanding mains and prelims syllabus
- 2 Ensuring the aspirant to choose the resources and books smartly while keeping them limited
- 3 Time management strategies customized as per students demand
- 4 Discuss the issues faced by each aspirant
- 5 Help to cover all the points in mains syllabus pointwise and paper wise with all resources which could be referred
- 6 Mentor will be acting as an accountability mechanism to see if student is achieving the targets.
- 7 Make a detailed timetable according to the year in which aspirant is attempting the exam considering pre, mains and interview guidance
 - a) Weekly target based approach- Student will be given targets per week as per the level of preparation
 - b) Monthly plan
 - c) Integrated plans covering both pre and mains examination
- 8 Motivation and partner in this arduous and long journey of being an IAS
- 9 Assignments
Mentor will help in scoring better marks in tests and plan timetable accordingly

10 Answer Writing Guidance

- Tell about basics of answer writing in a session
- How to incorporate facts, data in answer and enrich the quality of answer
- Analysis of toppers copy to fetch better marks
- Feedback- Specific suggestions according to the aspirants requirement
- Essay Related
- Current Affairs guidance
- Any other academic doubts
- Note making

What are included in the Sahyog sessions?



4 Program details

Sahyog (Prelims)

Sl.	Session Name	Coverage	Objective/Learning Outcomes
1	Introduction to UPSC Prelims	Overview of the Prelims structure, syllabus breakdown and strategy for targeting high-yield topics.	Familiarize with the exam framework, identify high priority areas and develop an efficient strategy for score maximization.
2	How to Solve MCQs Effectively and PYQs Analysis	Techniques for elimination, educated guessing and addressing tricky questions with a focus on scoring patterns. Analysis of recurring themes, frequently asked topics and high-scoring areas from previous years' papers.	Develop critical skills to handle MCQs strategically improving accuracy and overall score. Recognize important topics and patterns enabling a focused and exam-oriented preparation approach.
3	Ancient and Medieval History	Key events, cultural developments and recurring themes in ancient and medieval India.	Build clarity on significant historical trends and recurring themes to answer high scoring history questions confidently.
4	Art and Culture	Indian art, architecture, literature and cultural heritage with emphasis on frequently asked topics.	Strengthen knowledge of repeated topics in Indian cultural traditions ensuring effective tackling of Art and Culture-based questions.

4 Program details

Sl.	Session Name	Coverage	Objective/Learning Outcomes
5	Modern Indian History and Freedom Struggle	Important events, reform movements, freedom struggle and contributions of key personalities.	Understand recurring patterns in freedom movement related questions and build a strong foundation for scoring in modern history.
6	Polity and Governance	Constitution, political structures and public policies focusing on recurring questions.	Enhance understanding of high yield topics like fundamental rights, DPSPs and governance related themes for effective performance.
7	Economic Development, Budget and Economic Survey	Budget highlights, Economic Survey insights with focus on key concepts and recurring topics.	Analyze data and insights to tackle questions on India's economic trends and reforms effectively.
8	Geography and Maps	Map-based questions, physical and human geography and resource distribution patterns in India and the world.	Strengthen map reading skills and knowledge of recurring topics in geography to improve accuracy and score in map-based questions.
9	Environment and Biodiversity	Ecosystems, climate change, biodiversity laws and key environmental treaties focusing on static and dynamic areas.	Build expertise in recurring environmental themes and current conservation efforts to tackle environment-related questions with precision.
10	Indian Economy and Agriculture	Agriculture, industrial growth, and service sector contributions with focus on past patterns and key schemes.	Understand recurring economic and agricultural themes and address high-yield areas confidently.
11	Science and Technology	Key scientific concepts, IT, space, biotechnology and defense technologies with emphasis on applications.	Master frequently asked science and technology topics ensuring readiness for application-based questions.
12	International Organizations, Defense and Security	Functions of global organizations, India's defense systems and internal security challenges.	Understand the role of international bodies and recurring defense/security themes to answer related questions effectively.
13	Government Schemes and Social Welfare Programs	Key schemes, sectoral initiatives, and welfare programs with focus on objectives, implementation, and outcomes.	Master government schemes to tackle frequently asked questions on their relevance and beneficiaries.
14	Logical Reasoning and Analytical Ability, Comprehension and Quantitative Aptitude (CSAT)	Reasoning puzzles, analytical problem solving and situational judgment. Reading comprehension, numeracy and data interpretation with focus on recurring CSAT questions.	Build the ability to solve reasoning based questions with accuracy focusing on common question types. Develop skills to answer comprehension and math-related questions ensuring qualifying scores in CSAT.
15	Current Affairs and Reports	Analysis of significant national and international events, indices and reports from the past year.	Enhance awareness of current events and reports frequently asked in Prelims to tackle dynamic questions confidently.
16	Live Practice and Strategy Session	Realtime MCQ solving, strategy discussions and feedback on common pitfalls and preparation gaps.	Simulate exam conditions, refine test-taking strategies and ensure readiness to maximize scores in the Prelims.

4 Program details

Sahyog (Mains)

Sl.	Session Name	Paper	Coverage	Objective/Learning Outcomes
1	Introduction to UPSC CSE Mains & Syllabus Analysis	Overview	UPSC syllabus structure, directives, resource management and preparation strategies.	Understand the exam structure, syllabus and efficient resource management.
2	Fundamentals of Answer Writing & Notes Making	All Papers	Principles of answer writing, introduction-body-conclusion format and effective notes-making techniques.	Master structured and impactful answer writing, and develop the ability to create concise, well-organized notes for revision. Gain clarity on directives like 'Critically examine,' 'Discuss' and how to approach Mains questions.
3	Essay Writing Strategies	Paper I (Essay)	UPSC syllabus structure, directives, resource management and preparation strategies.	Develop skills to write cohesive, analytical essays that reflect critical thinking and multidimensional perspectives.
4	Indian Heritage, Culture and Society	Paper II (GS I)	Art, architecture, literature, culture, and social issues like diversity, secularism and gender equity.	Gain insights into India's rich heritage, cultural evolution and societal challenges including current social issues.
5	Modern Indian History and Post Independence India	Paper II (GS I)	Freedom struggle, significant movements, post-1947 consolidation and reorganization of states.	Analyze India's freedom movement's legacy and understand challenges faced in post-independence consolidation and nation-building.
6	Geography, Environment and Disaster Management	Paper II and IV (GS I & III)	Physical geography, resource distribution, biodiversity, climate change and disaster resilience.	Build a clear understanding of geographical processes, environmental challenges and strategies for sustainable development.
7	Indian Polity, Governance and International Relations	Paper III (GS II)	Constitution, public policies, Panchayati Raj, foreign policy and India's global role.	Understand India's governance structure, policy frameworks and its diplomatic engagements in the global context.
8	Indian Economy, Agriculture and Development	Paper IV (GS III)	Economic reforms, growth models, agricultural policies and industrial development.	Develop analytical skills to assess economic trends, agricultural issues and the impact of policies on inclusive development.
9	Science, Technology and Internal Security	Paper IV (GS III)	IT, AI, space, biotechnology, cyber security and internal security challenges like terrorism.	Gain knowledge of advancements in science and technology and their relevance to national security and development.
10	Ethics, Integrity and Aptitude	Paper V (GS IV)	Ethical concepts, public service values, emotional intelligence and case study practice.	Develop ethical reasoning and practical decision-making skills to address real-world administrative challenges.
11	GS Integration	All Papers	Cross linkages in GS and integrating current affairs with static topics.	Enhance ability to apply theoretical knowledge to practical scenarios and write comprehensive, integrated answers.
12	Comprehensive Mock Practice	All Papers	Live answer writing practice and peer and mentor feedback sessions.	Test preparation levels, identify gaps and refine strategies to maximize performance in the Mains examination.

4 Program details

Sahyog (Integrated Pre Cum Mains)

Session	Session Name	Coverage	Objective/Learning Outcomes	Foucs
1	Introduction and Strategy	Overview of Prelims and Mains patterns, syllabus and preparation strategies.	Familiarize with exam expectations, prioritize topics and develop an integrated preparation strategy.	Prelims + Mains
2	PYQ Analysis: Prelims	Analysis of trends, recurring themes and frequently asked topics in Prelims.	Identify high-priority topics for Prelims and focus preparation on scoring areas.	Prelims
3	PYQ Analysis: Mains	Analysis of past Mains questions across GS Papers and Essay.	Recognize trends and recurring themes in Mains aligning preparation with UPSC expectations.	Mains
4	How to Solve MCQs Effectively	Elimination techniques, guessing strategies and handling tricky MCQs.	Master MCQ solving strategies to maximize accuracy and minimize errors.	Prelims
5	How to Write Effective Mains Answers	Structuring answers, handling directives (e.g., discuss, analyze) and presenting effectively.	Develop skills to write concise, coherent and impactful answers aligned with UPSC standards.	Mains
6	Notes Making and Revision Techniques	Techniques for concise notes, integrating dynamic and static content and effective revision strategies.	Master notes making and revision techniques to enhance retention and efficient preparation for both stages.	Mains
7	Ancient and Medieval History	Key events, cultural developments and societal structures from ancient and medieval India.	Build clarity on historical themes frequently appearing in Prelims and Mains GS Paper I.	Prelims + Mains
8	Art and Culture	Indian art, architecture, literature, music and cultural heritage.	Strengthen understanding of recurring cultural topics to tackle Prelims and Mains confidently.	Prelims + Mains
9	Modern Indian History and Freedom Struggle	British colonization, socio-religious reform movements and the independence struggle.	Analyze historical events and personalities relevant to Prelims and Mains GS Paper I.	Prelims + Mains
10	World History	Major revolutions, World Wars, decolonization and their global impact.	Develop a comprehensive understanding of global events and their influence on India for GS Paper I.	Mains
11	Indian Society	Social structure, diversity, communalism, regionalism, secularism and challenges in social justice.	Analyze the dynamics of Indian society and its challenges for GS Paper I.	Mains
12	Physical Geography and Maps	Indian and world geography with a focus on map based questions and physical themes.	Enhance spatial analysis skills and map based question accuracy for Prelims and Mains.	Prelims + Mains
13	Human and Economic Geography	Resource distribution, urbanization, migration patterns and related issues.	Understand recurring geographic and economic themes for Prelims and Mains GS Paper I.	Prelims + Mains
14	Constitution and Governance	Constitution structure, fundamental rights, DPSPs and governance systems.	Build a foundation for tackling polity questions in Prelims and GS Paper II.	Prelims + Mains

4 Program details

Sahyog (Integrated Pre Cum Mains)

Session	Session Name	Coverage	Objective/Learning Outcomes	Foucs
15	Governance and Social Justice	Policies, rights issues, & government initiatives for marginalized sections.	Analyze governance related themes and welfare issues for Mains GS Paper II and related Prelims questions.	Prelims + Mains
16	International Relations	India's bilateral and multilateral engagements, global organizations and foreign policy priorities.	Build proficiency in analyzing India's role in global diplomacy for GS Paper II.	Mains
17	Economic Fundamentals and Terminology	GDP, inflation, fiscal policy and basic economic concepts.	Develop conceptual clarity for Prelims and application skills for GS Paper III.	Prelims + Mains
18	Budget, Economic Survey and Reforms	Key insights from the Budget and Economic Survey, economic reforms and welfare programs.	Strengthen understanding of recurring economic themes and integrate current data into Mains answers.	Prelims + Mains
19	Agriculture	Agricultural policies, challenges and food security. Focus on agricultural schemes, rural initiatives and challenges in the rural economy.	Build an understanding of sectoral challenges and reforms for Prelims and GS Paper III. Develop an understanding of rural issues and solutions, connecting with GS Paper III and relevant Prelims questions.	Prelims + Mains
20	Environment and Biodiversity	Ecosystems, biodiversity, climate change.	Strengthen awareness of environmental issues and sustainable practices for Prelims and Mains GS Paper III.	Prelims + Mains
21	Environmental Governance	Policies, laws and international agreements like Paris Agreement, CBD and SDGs.	Strengthen understanding of environmental policies for Prelims and GS Paper III focusing on recurring themes.	Prelims + Mains
22	Disaster Management	Disaster risk reduction frameworks, NDMA guidelines and case studies.	Build expertise in disaster preparedness and management to address GS Paper III and relevant Prelims questions.	Prelims + Mains
23	Science and Technology and Defence Basics	Core scientific concepts and defense technologies.	Master recurring themes in science and technology to answer Prelims and Mains questions effectively.	Prelims + Mains
24	Emerging Technologies and Applications	AI, blockchain, biotechnology and space technologies.	Build proficiency in analyzing the applications of emerging technologies for Prelims and Mains.	Prelims + Mains
25	Science and Technology and Defence in Current Affairs	Recent developments in space, IT, biotechnology, and defense technologies.	Integrate dynamic content into answers for Prelims and Mains GS Paper III.	Prelims + Mains
26	Internal Security and Border Management	Terrorism, cyber security, border issues, and counter measures.	Analyze internal security challenges and strategies for GS Paper III and connect with relevant Prelims questions.	Prelims + Mains
27	Current Affairs: National Issues	Governance, economy and social issues from the last year.	Integrate current events with GS topics, emphasizing recurring themes and high yield areas for both Prelims and Mains.	Prelims + Mains

4 Program details

Sahyog (Integrated Pre Cum Mains)

Session	Session Name	Coverage	Objective/Learning Outcomes	Foucs
28	Current Affairs: International Issues	Regional conflicts, treaties and India's role in global diplomacy.	Strengthen understanding of global events focusing on their implications for Prelims and Mains GS Paper II.	Prelims + Mains
29	International Organizations	Functions and relevance of UN, WTO, IMF, World Bank and others.	Understand global institutions and their impact on governance for Prelims and GS Paper II.	Prelims + Mains
30	Government Schemes and Welfare Programs	Key government initiatives, objectives, and implementation details.	Master frequently asked schemes and their application for Prelims and GS Paper II and III.	Prelims + Mains
31	Important Reports and Indices	Key international and national reports, indices and rankings.	Develop familiarity with reports frequently referenced in Prelims and Mains improving application in dynamic questions.	Prelims + Mains
32	Ethics: Theoretical Framework	Public service values, ethical theories, and probity in governance.	Build a strong conceptual foundation for GS Paper IV and connect ethical principles to governance challenges.	Mains
33	Ethics: Case Studies Practice	Practical application of ethical concepts through case studies.	Develop the ability to handle ethical dilemmas with structured and actionable solutions.	Mains
34	Essay Writing: Fundamentals	Structuring essays, handling philosophical and general topics, and brainstorming techniques.	Strengthen essay-writing skills to articulate balanced, coherent and analytical perspectives.	Mains
35	Essay Writing: Practice Session	Writing essays on current issues and receiving feedback.	Develop proficiency in essay writing through guided practice and personalized feedback.	Mains
36	GS Integration	All Papers	Cross linkages in GS and integrating current affairs with static topics.	Enhance ability to apply theoretical knowledge to practical scenarios and write comprehensive, integrated answers.
37	Prelims CSAT: Logical Reasoning and Puzzles	Logical reasoning, analytical puzzles, and situational judgment.	Enhance reasoning skills to ensure qualifying marks in CSAT Paper II.	Prelims
38	Prelims CSAT: Reading Comprehension and Quantitative Aptitude	Comprehension passages, basic numeracy, and data interpretation.	Build proficiency in solving comprehension and numeracy questions to clear CSAT Paper II.	Prelims
39	Live Practice and Strategy Session: Prelims	Real-time MCQ-solving, elimination techniques, and time management practice.	Simulate exam conditions for Prelims and refine test-taking strategies for high accuracy.	Prelims
40	Live Practice and Strategy Session: Mains	Answer writing practice for GS, Ethics, and Essay with expert feedback.	Test analytical and presentation skills, identify improvement areas, and refine Mains preparation strategies.	Prelims

5 Our UPSC CSE Achievers



PRAJNANANDAN GIRI **AIR 24**



AYUSHI PRADHAN **AIR 36**



KOSHINDER **AIR 588**



SAIRAJ MISHRA **AIR 591**



PRAJWAL CHAURASIA **AIR 694**



JUBIN MOHAPATRA **AIR 46**



ABHIJIT RAY **AIR 50**



PRADEEP K. BARNWAL **AIR 601**

6 Program Fees Structure

Program Option	Fees	Duration
Sahyog (Prelims)	₹5,999	4 months
Sahyog (Mains)	₹4,500	3 months
Sahyog (Integrated Pre Cum Mains) With Test Series & Evaluation	₹59,000	10 months
Sahyog (Integrated Pre Cum Mains) With Test Series (Without Evaluation)	₹35,000	10 months

Discounts Available	APTI PLUS Classroom Students: 25% Off	APTI PLUS Test Series Students: 15% Off	Interview appeared / Selected Students: 50% Off
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